



WYNNS FAMILY PSYCHOLOGY  
expert solutions for kids, teens & families



## Sex, Drugs and Rock & Roll Parenting Workshop



Ever feel like your child is acting more like an adult than his/ her own age? Concerned about the pics your tween or teen is posting online? Worried that your teen is using drugs or alcohol? Not sure how or when to have “the talk”? Wonder if what music your teen listens to really does influence their behavior? If you’re struggling with how to talk to your tween or teen about some of these topics, then come join our **Sex, Drugs, and Rock & Roll Workshop!**

This workshop includes education and discussion on the “taboo” topics of sex and substance use during adolescence. Parents can expect to learn:

- What is typical sexual development
- Why kids might engage in sex or substance use in adolescence
- What behaviors or signals to look out for regarding sex or substance use
- How to bring up conversations about sex, drugs, and alcohol with your kid
- How to help your child develop healthy relationships
- The influence of media on sexual development and substance use
- How you view taboo topics
- How to address concerning behaviors
- Community resources that are available

**When:** Tuesday, May 16<sup>th</sup>, 2017 from 6:00pm-7:00pm

**Where:** The Office of Wynns Family Psychology, Cary Location  
130 Preston Executive Drive, Suite 202, Cary, NC 27513

**Leaders:** Dr. Sara Salter and Dr. Celeste Simmons

**Ages:** Parents of tweens and teens

**Fee:** \$25 per person, \$40 per couple (snacks included)

**Register:** Call 919-467-7777 or email [Info@WynnsFamilyPsychology.com](mailto:Info@WynnsFamilyPsychology.com). Visit [WynnsFamilyPsychology.com](http://WynnsFamilyPsychology.com) to learn more about the practice and the group leaders.