



Summer 2020

## “In-Person” Middle School Summer Camp



This summer, do you want your middle schooler to learn how to make and keep new friends? Would you like to enhance her self-confidence? Do you want him to learn how to handle conflicts peacefully? Deal with teasing and bullying? Battle peer pressure? Combat social anxiety and fears? Our intensive Middle School Social Skills Summer Camp can help! Many tweens can use a little help improving their social skills! And our social skills groups and summer camps provide a safe and relaxed environment for children to practice skills with peers and receive immediate feedback and coaching. This camp will offer a unique blend of role-play, games, craft activities, books, videos, modeling, coaching, positive reinforcement, communication with parents, and “learning time” to practice social skills.

Some of the skills we will be working on include:

- Making and keeping friends
- Conversational skills and reading social cue
- Giving and accepting compliments
- Reducing impulsivity and using self-control
- Handling anger, frustration and embarrassment
- Reacting to failure
- Dealing with disappointments and friendship “drama”
- Responding safely to cyber-bullying (through emails, texts, social media, etc.)
- Deciding whether to participate in online social worlds (Facebook, Instagram, etc.)
- Dealing with cliques and how to handle being teased or left out
- Not talking about peers behind their backs
- Conflict resolution and staying out of fights



WYNNS FAMILY PSYCHOLOGY  
expert solutions for kids, teens & families



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- When:** **”In-Person” Middle School Summer Camp**  
**Cary Group:** August 10<sup>th</sup>-14<sup>th</sup> from 9:00 AM-12:00 PM with Therapist Michelle Dodson
- Where:** The Office of Wynns Family Psychology  
Cary: 130 Preston Executive Drive, Suite 202, Cary, NC 27513
- Who:** Therapist Michelle Dodson plus co-leaders as needed, ensuring a small leader-to-student ratio
- Grades:** 6<sup>th</sup>-8<sup>th</sup> grade
- Fee:** 45-minute consult (required) with parent and child (Fees vary depending on clinician, Non-refundable)  
Camp Fee: \$495 for the week  
Deposit to hold spot: \$50 (Applied to the total cost of camp, non-refundable. Balance is due 1 week prior to camp, non-refundable).  
Camps are coded as group therapy: CPT code 90853  
10% Discount for registering before June 15th!  
All consult fees, deposits and advanced payments are non-refundable
- A small snack may be provided. **Please let us know of any food allergies in advance.**
- Register:** Call 919-467-7777 or email [Info@WynnsFamilyPsychology.com](mailto:Info@WynnsFamilyPsychology.com). Visit [WynnsFamilyPsychology.com](http://WynnsFamilyPsychology.com) to learn more about the practice and the group leaders.

Space is Limited So Call or [Email Now](#) to Reserve Your Spot!