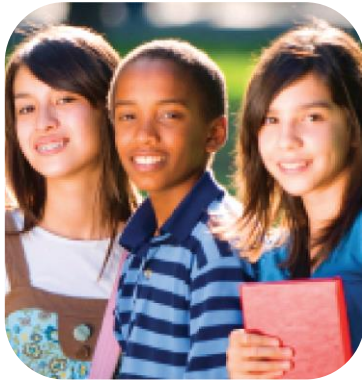




Summer 2021

Study Skills



Would you like your middle schooler to enhance their performance in school and become prepared for success? How about learning about practical strategies to motivate studying, enhance intelligence and improve emotional intelligence? Our camp teaches a blend of basic study skills, higher-level organization skills and time management skills, all tailored to help your middle schooler succeed. Whether your middle schooler has AD/HD, a Learning Disability, struggles to succeed academically, or simply needs some strategies for learning, our camp can help by teaching study and organization skills.

Through a series of discussions, exercises, role-play, worksheets, videos, and projects, our study skills camp will teach the following:

- Organization skills
- Time management and strategies to overcome procrastination
- Improving memory and increasing processing speed
- Homework strategies and preparing for tests
- How to maximize learning during school
- Relaxation strategies for test anxiety
- Goal setting and multitasking
- Coping with stress and anxiety from sudden change to virtual learning
- Self-Care
- How to cope with distractions

The actual curriculum and activities will change every season, but these are core topics covered.



WYNNS family psychology
expert solutions for kids, teens & families



Study Skills Summer Camp

Summer 2021

When: August 9th-13th; 9am-12pm

Where: Wynns Family Psychology Cary Office
130 Preston Executive Drive, Suite 202, Cary, NC 27513

Who: Emily Thompson and Co-leader ensuring a small leader-to-student ratio

Grades: 6th -8th

Fee: 45-minute consult (required) with parent and child (Fees vary depending on clinician, Non refundable)
Camp Fee: \$495 for the week
Deposit to hold spot: \$50 (Applied to the total cost of camp, non-refundable. Balance is due 1 week prior to camp, non-refundable).
Camps are coded as group therapy: CPT code 90853 (95)
10% Discount for registering before June 15th!
All consult fees, deposits and advanced payments are non-refundable

Please note, all deposits and advanced payments are non-refundable. Discounts are not combinable.

Register: Call 919-467-7777 or email groups@wynnsfamilypsychology.com. Visit WynnsFamilyPsychology.com to learn more about the practice and the camp leaders.

Space is Limited So Call or [Email Now](#) to schedule your consultation!