



WYNNS FAMILY PSYCHOLOGY  
expert solutions for kids, teens & families



## STUDY SKILLS GROUP



Would you like your child to enhance his performance in school, become prepared for success, AND have fun with his peers at the same time? How about practical strategies to motivate studying, enhance academic intelligence, and improve Emotional Intelligence (EI)? Are EOG's and final exams right around the corner? Our study skills camps and

workshops teach a unique blend of basic study skills, higher-level organizational skills, and time management skills to help your child feel more comfortable with and get better grades at school! Whether your child has AD/HD, a Learning Disability, or simply struggles to succeed academically, **we can help by teaching study and organizational skills.**

Our study skills workshop will teach the following:

- Organizational skills, time-management, overcoming procrastination
- Homework strategies, goal-setting, multi-tasking
- Improving memory and increasing processing speed
- Preparing for tests and relaxation strategies for test anxiety

**When:** Tuesday's, 5:00pm – 6:15pm, March 20<sup>th</sup> – April 17<sup>th</sup> (4 weeks; group doesn't meet 4/3/18)

**Where:** The Office of Wynns Family Psychology, Cary Location. 130 Preston Executive Drive, Suite 202, Cary, NC 27513

**Leader:** Emily Stockett, plus co-leaders as needed to ensure a small student-to-teacher ratio

**Grades:** 6<sup>th</sup> - 8<sup>th</sup> grades

**Fee:** \$80 for initial consult (mandatory). \$320 for 4 sessions (due at time of deposit). Most insurance plans will reimburse a percentage of these fees. (Deposits and advance payments are non-refundable.) A small snack may be provided. **Please let us know of any food allergies in advance. 10% discount for repeat members.**

**Register:** Call 919-467-7777 or email [Info@WynnsFamilyPsychology.com](mailto:Info@WynnsFamilyPsychology.com).

Visit [WynnsFamilyPsychology.com](http://WynnsFamilyPsychology.com) to learn more about the practice and the group leader.

**SPACE IS LIMITED SO CALL OR EMAIL NOW TO RESERVE YOUR SPOT!**



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### Parent Testimonial

*"I just wanted to say how amazed I've been with your social skills summer camp, and the immediate results I've seen in E. Really, I wasn't sure what to expect since we'd never done this type of class before, but she's been super excited after each session. I've seen a real improvement in her manners, her ability to handle frustrating situations without losing her cool, and with accepting "no" for an answer. With the dramatic improvement I've seen in her coping skills, I will do whatever it takes to keep her in social skills classes this fall. This is truly an investment that is showing immediate and drastic results!"*

### More Information from Wynns Family Psychology

- [See Our Full List of Group and Camp Services](#)
- [Learn More About Our Child and Teen Therapy Services](#)
- [Social Skills Camps: Raleigh Parenting Examiner Article](#)